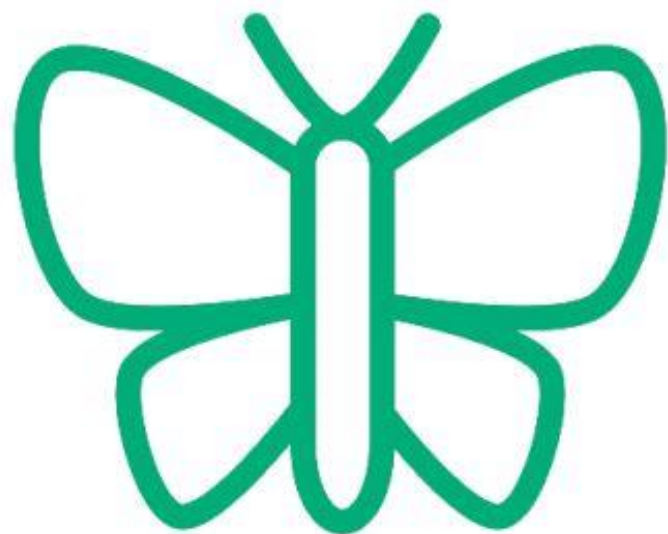


# Belmont Farm

## Nursery School



### Extra Room Activities:

Monday and Tuesday: 'What I did at the weekend'  
(send in pictures from home)

Thursday: Book Club (bring in a book from home)

### Extra-Curricular includes:

Yoga, Spanish, Tappy Toes and Sports

## A Day in the life of a Butterfly!

8:00 – 8:40 – Breakfast is served

8:40 – 9:00 – Transition into classroom and free play

9:00 – 9:30 – Tidy up and Circle time

9:30 – 9:40 – Key Worker time

*Nursery rhymes, Phonics, Affirmations and Keyworker story time*

9:40 – 11:40 - Free flow outdoor play, focused and main activities

*Consists of child and adult led activities and free flow-based activities*

(10:00 – 10:30 – Rolling snack)

*Along with Forest School and School Readiness*

11:40 – 11:50 - Tidy up time

11:50 – 12:15 – Story time and Action songs

*(Weekend photos shown on Mon & Tues)*

12:15 – 1:00 - Lunch Time

1:00 – 1:10 - Mindfulness time

1:10 – 3:45 – Free flow outdoor play, focused and main activities

*Consists of child and adult led activities and free flow-based activities*

(2.15 - 2.45 – Rolling snack)

*Along with Forest School and School Readiness*

3:45 – 3:55 - Tidy up and Circle time

3:55 – 4:20 - Key Worker time

*Nursery rhymes, Phonics, Affirmations and Keyworker story time*

4:20 – 5:00 - Tea is served!

5:00 – 5:35 - Carpet activities

5:35 – 5:45 – Quick evening snack

5:45 – 6:00 – Story time and Goodbye hugs

## Welcome to Butterflies!

Your child is now a pre-schooler who is fascinated by the world around them. They can speak in longer sentences and will start asking lots of 'who', 'what', and 'why' questions as they try to understand more about the world. You will see them start to form real friendships as they begin to develop their social skills.

### How does a child develop between the ages of 3 and 5?

- **Physical development:** In these years, a child becomes stronger and starts to look longer and leaner.
- **Cognitive development:** A child this age makes great strides in being able to think and reason. In these years, children learn their letters, counting, and colours.
- **Emotional and social development:** Between the ages of 3 and 5, children gradually learn how to manage their feelings. By age 5 their friends become important.
- **Language:** By age 3, most children can say at least 100 words. By age 5, a child may know thousands of words and be able to carry on conversations and tell stories.
- **Sensory and motor development:** By age 3, most children can walk up the stairs, kick a ball, and draw strokes with a pencil. By age 5, most can dress and undress themselves and write some lowercase and capital letters.

Each child grows and gains skills at his or her own pace. It is common for a child to be ahead in one area, such as language, but a little behind in another.

## Framework

As an Early Years setting, we are required to follow the Early Years Foundation Stage (EYFS) framework. The framework exists to support all professionals working with your child's life between birth and age 5. The EYFS Framework explains how and what your child will be learning to support their healthy development.

Your child will be learning skills, acquiring new knowledge, and demonstrating their understanding through 7 areas of learning and development.

Children should develop the 3 prime areas first:

- Communication and language
- Physical development
- Personal, social and emotional development.

These prime areas are those most essential for your child's healthy development and future learning.

As children grow, the prime areas will help them to develop skills in 4 specific areas. These are:

- Literacy
- Mathematics
- Understanding the world
- Expressive arts and design.

## Butterfly Classroom!



## Butterfly Classroom!

