

#### A Day in the life of a Caterpillar

8:00 – Good morning hugs

8:00 - 8:45 - Breakfast is served

8:45 – 9:15 – Free flow classroom activities, nappy routines, and toileting

9:20 – 9:40 – Morning Circle Time

Nursery rhymes, Phonics, Affirmations and Keyworker story time

9:40 – 12:00 - Free flow outdoor play, focused and main activities

(10:00 - 10:30 - Rolling snack)

12:00 – 12:30 – Lunch Time

11:45 - Toileting and self-care

12:00 – 2:00 - Sleep or Activity Time

Consists of child and adult led activities and free flow-based activities

2:20 – 2:30 – Afternoon Circle Time

2:30 – 3:00 – Rolling snack

2:30 – 4:00 - Afternoon activities / free flow play

4:15 – 4:45 – Tea is served!

4:45 – Keyworker Circle Time

5:00 - 5:30 - Free play and Rolling Snack

6:00 – Goodbye hugs

### Welcome to Caterpillar's!

Your child is now a toddler! Welcome to the Ladybird room, where play and exploration is key to development. Children will have opportunities to explore and push their boundaries within a safe space. Children will flourish and build friendships, share and take turns while enjoying all the fun stimulating activities and resources that the room has available.

#### How does a child develop between the ages of 2 and 3?

<u>Talking:</u> Around **two years**, toddlers might be able to use sentences of 2-3 words and say 'I', 'you' and 'me'. Your toddler will learn lots of words and be easier to understand when talking.

**Thinking:** Your toddler is starting to understand concepts like time and opposites – for example, big/small and day/night. Your toddler is starting to remember what some things look like – for example, apples look red and round.

<u>Playing</u>: Your toddler will enjoy playing with others, playing dressups, having tea parties, painting with their fingers or a brush, and <u>playing 'rough and tumble'</u>. When your toddler plays with you or other children, you might find that your child is getting better at taking turns.

Many parents feel that at this age their children are ready to begin toilet training. The Ladybird team will happily help and support you parents by continuing their method that they are using at home. It is advisable at this stage to bring plenty of changes of clothing, also a named potty, if applicable – for your child's exclusive use.

#### Framework

As an Early Years setting, we are required to follow the Early Years Foundation Stage (EYFS) framework. The framework exists to support all professionals working with your child's life between birth and age 5. The EYFS Framework explains how and what your child will be learning to support their healthy development.

Your child will be learning skills, acquiring new knowledge, and demonstrating their understanding through 7 areas of learning and development.

Children should develop the 3 prime areas first:

- Communication and language
- Physical development
- Personal, social, and emotional development.

These prime areas are those most essential for your child's healthy development and future learning.

As children grow, the prime areas will help them to develop skills in 4 specific areas. These are:

- Literacy
- Mathematics
- Understanding the world
- Expressive arts and design.

# Caterpillar Classroom!





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