

Belmont Farm

Nursery School



A Day in the life of Dragonflies

8:00 – Good morning hugs

8:00 – 8:45 – Breakfast is served

8:45 – 9:00 – Transition into classroom

9:00 – 9:30 – Free flow activities, nappy routines, and toileting

9:30 – 9:40 – Morning Circle time

Nursery rhymes, Makaton and affirmations

9:40 – Free flow and main activities

9:30 – 10:00 – Rolling snack

11:00 – Lunch is served!

11:45 – Nappy care routines and toileting

Mindfulness time and keyworker story time

12:00 – 2:00 – Rest / sleep time

2:00 – Nappy care routines and toileting

2:20 – 2:30 – Afternoon Circle time

2:30 – 3:00 – Rolling snack

2:30 – Afternoon activities / free flow play

3:30 – Tea is served!

4:30 – Nappy care routines / toileting

5:30 – Rolling snack

6:00 – Goodbye hugs

Welcome to Dragonflies!

Your child's rapid brain development between the ages of 12 and 24 months causes amazing changes to happen—such as talking, walking, and remembering—as he or she enters the toddler years.

How does a child develop between the ages of 14 – 24 months?

Development: Children at this age are discovering that the world is their playground and part of their increased mobility might include running and climbing on furniture, too.

Their vocabulary of simple words should increase. Some toddlers begin putting two words together at this age and making simple sentences like 'new shoes' or 'teddy gone'.

Feeding: As they approach the year and a half mark, they might learn to use a spoon or fork themselves, though they will probably make a mess. Go ahead and let them try for themselves, even if food gets everywhere.

Playing: Toddlers at this age are constantly on the move, so try and channel some of that energy into kicking around a soft ball or climbing onto a ride-on toy car or horse.

They will be wanting to explore everything, so put child-friendly objects in low-down drawers and tempt them away from tipping over the real bin with a basket of scrunched up paper instead.

Sleeping: Sleep varies greatly from child to child, but most babies still need a nap at this stage. They're learning and developing so much that at night-time, they need to sleep for about 10 to 12 hours.

Taking care of yourself: Toddlers can be very exhausting. Your child might seem to spend all their time running around, climbing onto everything, and throwing their toys (and whatever they can get hold of) onto the floor.

Children of this age have no clear understanding of the difference between right and wrong. That means there is no point in getting angry with them when they do create chaos. You can gently tell them they should not do whatever they've done.

The prime areas are those most essential for your child's healthy development and future learning. Children should develop the 3 prime areas first:

- Communication and language
- Physical development
- Personal, social and emotional development.

Activities



Dragonfly Classroom!



Dragonfly Classroom!

